INDIANHEAD LEHIGH NEIGHBORHOOD 2012 ASSOCIATION Spring Newsletter

4th Annual Nenefest 2012: April 14th from 3 to 9pm at Optimist Park

We have some exciting plans for Nenefest this year, and we need your help! If you are interested in volunteering, please do it as soon as possible so we do not have to worry and wonder if the activities are possible.

Food: New Leaf Market will cater a main dish (with a meat, vegetarian, and vegan option), and neighbors will donate side salads. We will sell a plate with a main and sides inexpensively, and the proceeds will go back to the neighborhood association for future Nenefests and other events. We will also separately sell neighbor-made single servings of dessert. Our neighbor Mike from Cabos Grill has generously agreed to donate salsa and bean dip. We will serve food from 5 to 8pm. If you'd like to share a copy of your lovingly-prepared recipe it can be memorialized in an online Indianhead/Lehigh Acres Cookbook that will be added to our neighborhood website.

Park

The second of the second

2012 t-shirt Design (t-shirts will be printed in color)

(Nenefest article continues on page $2\rightarrow$)

LENDAR

April 8: Potluck in the Park, 4pm, Optimist Park

April 14: **NENEFEST,** 3 to 9pm, Optimist Park

April 28: **Neighborhood Yard Sale,** Optimist Park

May 13: Potluck in the Park, 6pm, Optimist Park

July 4th: Bike Parade, Meet at Optimist Park

Every 1st Saturday of the month through May: Household Hazardous Waste Collection, 9 am - 1 pm

at 2280 Miccosukee Road (corner of Blair Stone and Miccosukee).

In this Issue

- 4th of July Bike Parade
- REACH Program
- Responsible Pet Ownership
- Bicycle Safety
- IHLA Real Estate Report
- Walk to School
- Parkway District
- Our Walkable/Bikeable Community
- Elderberry Recipes

4th Annual Nenefest 2012: April 14th from 3 to 9pm at Optimist Park

(continued from page 1)

HERE IS WHAT WE NEED:

- PEOPLE TO MAKE SIDE SALADS of about 40 portions: We will reimburse you for the ingredients you use so that cost is not an impediment to your participation. Please contact Wendy as soon as possible at yashimalu@hotmail.com if you're interested.
- BAKERS AND DESSERT MAKERS: Might you be able to donate a dozen, two dozen, or more singleservings of sweet treats to sell at the event? Even those who would like to participate "remotely" can make items that someone will happily pick up from you at home. Please contact Jayme at 556-9297 or harpcomm@gmail.com if you'd like to participate.
- **VOLUNTEERS TO SERVE FOOD:** We need volunteers for one-hour shifts from 5 to 8 pm to serve food! Please contact Wendy as soon as possible at yashimalu@hotmail.com if you can do this.

t-shirts: the popular Nenefest t-shirts will return! Our neighborhood artist Charity Myers ("the creative pool") has worked up a new design. We will also sell 2012 posters, signed by Charity. Shirts and posters will be sold at the Fest on a first-come-first-served basis.

Music: We will have stages and neighborhood musicians once again! If you are a neighbor who is interested in performing at this year's Nenefest on April 14 contact Richard Bertram at bertram63@gmail. com. We encourage new amateur musicians as well as seasoned professionals to play!

We are looking for new people to mc the stage, including teens and children. If you are interested in being a volunteer mc, please contact Mike at edsolve@comcast.net.

Activities: We have some great ideas for activities already, including a knitting tutorial for adults and Live Action Role Playing for children, and need more. If you'd like to help plan and/or do the Live

Action Role Playing, please contact Rhonda at coopjan@ aol.com. If you are interested in coordinating another activity, please contact Cyndy tallygal2@gmail.com or Patty cecisharp@embarqmail.com so that we know what to expect and can coordinate Fest participant placement and schedules.

Neighborhood Art, Craft, and Business Showcase: In these difficult economic times, we want to learn about and support each others' vocations and avocations. We will encourage neighbors to set up tables and booths where they can sell their hand-made art or crafts and let others know about their businesses. We ask that those who want to sell their baked goods or food do not sell individual portions, as this may interfere with our plans to sell food to support neighborhood events. Rather, if you are a baker, chef, or food producer, please sell whole loaves of bread, whole pies, jars of honey, or other food that people may buy to take home.

It is possible that we will have to limit the number of booths if there are too many for the space and aesthetic of the fest. If we do have to limit booths we will give priority to vendors who also feature an activity or educational display. You will need to provide your own table or booth and materials and let us know your plans in advance so we can plan. If you have questions or are interested, please contact Cyndy tallygal2@gmail.com or Patty cecisharp@embarqmail.com.

Puppet Show: Puppet show coordinators and some musicians from previous years are not available. If you are interested in bringing back giant puppets (and you're welcome to use previous years' scripts, or write your own), they are available (though Meany Nene needs some TLC). Please contact Daphne at daphne. holden@comcast.net if interested.

Join us on



www.ihlna.org

Other volunteers needed:

Stage set up coordinator and stage set up crew: The coordinator will need to plan

Nenefest 2012: (continued from page 1)

how to set up the stage so that bands have shade. Being part of the crew requires getting out to Optimist Park the morning of the festival and helping. We will need people with long ladders and trucks. Contact Grant if interested at grant.gelhardt@gmail.com.

Break down and garbage crew: coordinate getting enough trash containers and stay after the fest has ended and break down the stages, and pick up trash and recycling. Contact Grant if interested at grant. gelhardt@gmail.com



NeneFest 2010

Sixth Annual 4th of July Bike Parade

Meet at Optimist Park clubhouse on Wednesday, the 4th of July at 9 am to decorate your bike, or you can bring your bike already decorated. Once the bikes are decorated, we will go on a bike ride/parade in the neighborhood, then return to the clubhouse for a pot-luck brunch and play time on a water slide. The neighborhood association will provide decorations and drinks; you provide your bike, cover-dish for the potluck brunch, and the fun. If you don't feel like riding – then please come as a spectator and enjoy hanging out with your neighbors. This is for the young and the old and all those in between!

Neighborhood REACH Program

The City of Tallahassee Utilities' Neighborhood REACH program brings together a variety of City services focused on improving livability within Tallahassee's neighborhoods. Since its launch in December 2010, this 2-year pilot program has served more



than 2,000 homes, starting in the Bond and Greater Frenchtown communities. The REACH field team completes an average of 30 homes per week and recently visited your neighbors on Chowkeebin Nene, Wahalaw Nene, Hososaw Nene, Myrtle Drive and Dacron Drive. As they move closer to your street, look for the blue REACH truck and door hangers with details.

At the core of the REACH program is a team working door-to-door to provide residents with free home energy assessments, energy- and water saving measures and related educational materials. While in the home, the REACH team performs several free energy-efficiency services such as weather-stripping exterior doors, caulking windows, replacing HVAC filters, cleaning refrigerator coils, and replacing standard light bulbs with CFLs.

A key component of REACH is hands-on learning, whereby the energy auditor walks through the home with the customer and highlights simple changes that will help further reduce home energy and water consumption. Nearby, other City crews repair sidewalks and broken street lights, clean drainage ditches and overgrown vacant lots, repaint faded crosswalk signs, repair street shoulders, replace faded street signs, and repair broken sewer caps, to name a few of the many services.

If you'd like to learn more about the Neighborhood REACH program, please call our toll-free hotline at 1.877.862.7042.

True Confessions of a Poop-Scoop Convert

Respectfully submitted by Donna Marie Klein

According to Tallahassee's Storm Water Management Program and the United States Environmental Protection Agency, pet waste was classified as a dangerous pollutant in the same category as oil and toxic chemicals TWENTY YEARS AGO. I learned, with help from Karen Rubin at our local TAPP Program office, that Storm Water officials estimate that your dog is one of about 75,000 pooches in Tallahassee! This reality makes for a LOT of poop, friends, and Guess What? It's your civic duty (doody!) to pick it up! It is toxic to our water supply, our lawns and your family's health. The Center for Disease Control confirms that pet waste can spread salmonella and all kinds of other parasites Long After the actual poop "disappears"...the fact is that it DOESN'T disappear-it only shows up, perfectly measurable, in our compromised water bodies...and elsewhere.

Okay, so let's turn the corner and shift into being part of the solution together! This is a Perfectly Solvable Issue! Ya Gotta DOO it! Just DOO it! Start today! For Extra Credit, consider "collecting" with a tissue or toilet paper

ATTENTION
DOG OWNERS

Please Pick Up
After Your Dog
Thank You

ATTENTION
DOGS

Grrrr, Ruff, Ruff
Woof, Good Dog

into a wax paper bag and flushing down the toilet when you get home. According to TAPP, this is the A #1 Option. Feel Extremely Proud even if you don't do the Extra Credit! You are doing an enormous service to your community by stepping up to what is part of your responsibility as a pet owner. Peace!



Opie and Gracie

Walking the Dog?

Dog owners and lovers, we all know that our dog's behavior can cause problems for other people, especially in close quarters. Indianhead is not the backwoods; there are lots of us in here, and let's face it...loose dogs can be scary and dangerous.

Animal Control tells us that dog owners have two choices when out and about in a neighborhood: 1) have your dog on a leash or 2) know with absolute CERTAINTY that your dog will return to you IMMEDIATELY when you call – the technical term for this is "voice control." According to the law, then, it's either leash 'em or train 'em to return on your command 100% of the time...and don't let 'em stray far from you.

Lately there have been some instances of dogs in the neighborhood – dogs that are naturally sweet in a more controlled environment – that have caused actual harm or fear when off-leash. No dog owner wants this to happen, so let's remember to play it safe. Let's make sure we don't let our dogs wander into the yards or personal space of people and other pets, like cats. Let's make sure our dogs are under our complete control at all times – and if you have the slightest doubt – on a leash. Let's stay good neighbors and teach our dogs to be good neighbors too.

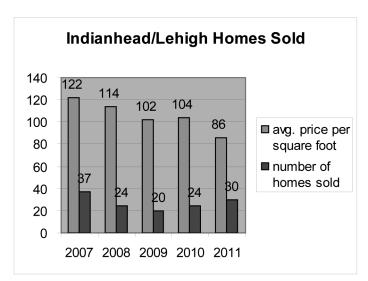
2011 Indian Head/Lehigh Real Estate Report

(January 1, 2011- December 31, 2011)

Terry Anne Kant, Realtor-Broker and 21 year resident of Indian Head

Information below is believed to be true but not warranted and based on data from the Tallahassee Board of Realtors listing service: Capital Area Technology and Realtor Services. Almost all neighborhood sales were on this listing service.

- 30 homes were sold in 2011 in Indian Head and Lehigh. Of those, six (or 20%) were either Short Sales where the current market value of the house is less than what is owed on it and banks and sellers agree to take a loss or bank owned properties where it has been foreclosed on and the bank can make a direct sale.
- The average price for sale per sq footage was \$86, with a range of \$30 to \$116 per square foot. This is a large range for a neighborhood and reflects the different types and condition of homes we have.
- Sold prices ranged from \$55,000-209,000. Again, a wide range for one neighborhood.
- The average days on market to sell a property is 90 days, with another wide range of 4-237 days.
- Currently there are 15 Active listings, with one under contract. So far, since January, one Bank owned home has sold. Typically the Spring brings more offerings.



Maintaining things to keep your home in good condition and keeping up your curb appeal is helpful for overall neighborhood values. Hopefully the Gaines St improvements and Cascades Park will add to interest in our neighborhood.

Join the bus and walk to school!

Parents of children who attend Hartsfield Elementary and live near or along Chowkeebin Nene have organized to have their children walk to school together, accompanied by an adult. The group walks three mornings a week (Tuesday, Wednesday and Thursday) and, so far, 6 to 10 children participate depending on the day. The children and adults alike find this to be a most pleasant way to start the day!

If you would like to have your child or children join the group somewhere along the way, please contact Marie-Claire Leman at marieclaireleman@gmail.com for further information. We hope you will give it a try and we will be glad to make any possible adjustments to facilitate your participation!

Please also contact Marie-Claire if you would like to volunteer to walk with the children.

Finally, if you would like to organize for a group of kids to walk to school from a different direction, Marie-Claire will be happy to assist you in getting your walking school bus up and running.

Our Parkway District – First in Culture, Commerce & Community!

By Majken Peterzen, 1020Art, Allie Fleming, Good Friends Group Fitness and Cristin Burns, New Leaf Market

The Parkway District Merchants Guild is an organization of businesses dedicated to preserving the "neighborhood" ambiance of our community, promoting safety and mobility, and developing a healthy economic base for independent business owners.

Integrated with the Woodland Drive neighborhood, the Myers Park neighborhood and Indian Head Acres—merchants and residents worked as one to help brand and define our area, now called *The Parkway District*. It spans roughly from Franklin Boulevard to the west, Blairstone Road to the East, near the Capital City Country Club to the South and Apalachee Parkway to the North.

With some significant accomplishments under our belt (Lafayette Street Tunnel, Organic Growers' Market, FSU Planning Department District Assessment) our goals for 2012 include: adding murals to portions of the Parkway Shopping Center along Lafayette Street; working with COT to provide Parkway District signage off of Apalachee Parkway and recruiting new business members.

There is also a possibility of adding a community garden on property adjacent to The Moon. We are very early in the feasibility stage; and are gauging the public's interest. If you are interested in helping develop, or use, a community garden located on Lafayette Street, please contact Cristin Burns at Cristin@newleafmarket.coop or call 850-942-2557 ext 246.

To receive email notices about The Parkway District Merchants Guild activities, please email Allie at amerzerfleming@yahoo.com.

Sharing the road



Indianhead-Lehigh is an ideal neighborhood for cyclists: proximity to downtown, shops and parks, quiet neighborhood streets, neighbors of all ages on two wheels, and plenty of hills to keep us fit.

Safety is always an issue when vehicles traveling at different speeds share a common space. Here are a few tips for cyclists and drivers on how best to accommodate each other's right to the road:

- Cyclists, like drivers, must obey all traffic rules because bicycles are vehicles too.
- The best position for a cyclist to be visible to drivers is between the right tire track and the center of the lane. Sometimes a cyclist should ride on the left side of the lane: to avoid hazards; to prepare for a left turn; or to strongly discourage a driver from passing when it is not safe.
- When passing a cyclist, the driver must maintain 3 feet of minimum clearance [§316.083 F.S.]. Because our neighborhood streets are narrow, in order to achieve this minimum clearance drivers often need to enter (at least partially) the other lane. Therefore, before passing a cyclist, the driver should be certain that the other lane is clearly visible and free of oncoming traffic for a sufficient distance ahead to permit passing [§316.085 F.S.].
- Cyclists should use their position on the road to communicate with drivers. The cyclist may choose to move to the right side of the lane to make it easier for drivers to pass with the necessary clearance, or move further to the center or left side of the lane to communicate that the lane is too narrow for the cyclist and driver to travel safely side by side in the same lane and that it is not safe to pass at that moment.
- When you encounter a cyclist on the road, slow down and take a moment to assess the situation and determine if it is safe and necessary to pass. If you are about to stop at a stop sign or turn off that road, or if the cyclist is riding within a few mph of the speed limit, it may not be necessary to pass the cyclist right away. If there is a car coming in the opposite direction or if you cannot see far enough ahead to make sure the on-coming lane is clear, it may not be safe to pass the cyclist right away. Be patient. An accident will cost you a lot more than the few seconds it takes to wait and pass a cyclist safely.

Much of this information is drawn from the Commute Orlando webpage: http://commuteorlando.com/wordpress/on-the-road/sharing-the-road/

Our Walkable and Bikeable Community the Missing Links

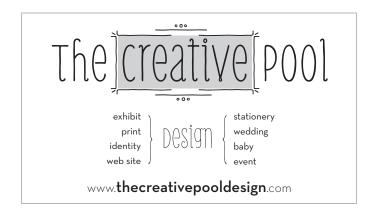
We have the potential of living in a community where we can safely and enjoyably walk and bike within and beyond our neighborhood. Our location is ideal in its proximity to downtown, Gaines Street, Railroad Square, Lafayette Street, and (soon to be completed) Cascades Park; however a lack of connectivity and safety in pedestrian and cycling infrastructure discourages residents from walking and cycling to these nearby amenities, despite their proximity.

With city and county governments focused on enhancing pedestrian, bicyclist, and transit user mobility, it's the time to draw attention to the most problematic intersections in and around our neighborhood. Innovative and cost-effective approaches abound and, if well-targeted, could have a major impact on our ability to get around safely by bike and on foot. Stay tuned: in the weeks to come, your input will be vital in determining the priorities for our neighborhood.

Meanwhile, immediate changes are occurring to the Lafayette and Magnolia intersection. Among these, four pedestrian crossing signals are being added as well as sidewalks on Magnolia: on the west side down to the intersection with Chowkeebin Nene and on the east side north of Lafayette to connect to Apalachee Parkway. The work is expected to take less than 3 months to complete. We intend to propose that further safety measures be put in place for pedestrians at the intersection of Chowkeebin Nene and Magnolia. Although traffic will be temporarily inconvenienced, it is a small price to pay for the improvement to the safety, walkability, and desirability of our neighborhood. And while local businesses stand to gain from better and safer access to their locations, during the construction phase they bear the brunt of the inconvenience, so let's do our best to support them!



SUPPORT YOUR NEIGHBORHOOD BUSINESSES!





Elderberry in Indianhead

One wonderful aspect of growing up with my six siblings on a farm in western Pennsylvania was being able to harvest the garden for fresh veggies or forage for seasonal fruits around the orchard and wild areas. We plucked up chicken and duck eggs; we harvested asparagus, rhubarb, grapes, and apples...; and then there were the wild fruits. One of those fruits was found on several large semi-woody shrubs that were allowed to grow, untended, down around the barn. They were elderberries, and although they weren't the sweetest fruit we could find, we got great pleasure in reaching skyward for a handful of the deep purple BB-sized fruit in the late heat of summer afternoons. My mother used them to make pie while my father experimented with making wine.

It was with pleasure that I recognized elderberries (Sambucus spp) growing along the ditches and wetter areas here in the 'hood after moving here over a decade



ago. When they become dark enough, I grab a few bunches while on walks with the dog and store them in my freezer until I have enough for a pie. If you haven't noticed them yet, the shrub is 8-10 feet tall, with compound leaves –about 5 leaflets to the stem. The fruit follows white clusters of tiny flowers later in the summer.

In addition to being rich in antioxidants for humans, elderberries provide cover and great wildlife food for songbirds and pollinators. Take a walk along the greenway and you will be sure to find them.

In case you'd like to sample a bit of the magic, I've included two family recipes I've experimented with below, both variations from family cookbooks passed on from 1887 and 1940 respectively. Enjoy and be healthy!

Elderberry Pie

1 pie crust pastry
1/8 tsp salt
1 TBS butter
3 cups stemmed elderberries
½ cup minute tapioca
3/4 cup sugar
3 TBS lemon juice

Mix elderberries, sugar, salt, and tapioca, and lemon juice. Let sit for 10-15 minutes. Line pie plate with pastry. Fill elderberry mix into pastry. Cut butter into 4 pieces and place on top of fruit mixture before covering with a top crust. Moisten edges and press them together. Cut gashes in top crust for escape of steam. Bake in a preheated 400 degree oven for 45-50 minutes or until juices form bubbles that burst slowly. Cool and enjoy with a ball of ice cream. You can also add a handful of elderberries to your other fruit pies for a nice punch of purple color.

Elderberry Cordial

8 quarts elderberries 1 TBS whole allspice 2 quarts cold water 1 TBS whole cloves 4 pounds of sugar 1 stick cinnamon 2 quarts whisky of brandy

Stem and wash berries, cover with water and cook until very soft. Strain. Measure juice and for each quart add 2 cups sugar. Add spices, tied in a bag, and cook until thick. Cool, remove spices and measure again. Add 1 pint whisky or brandy for each quart of syrup. Bottle and cork tightly. Improves with aging. Makes about 6 quarts.

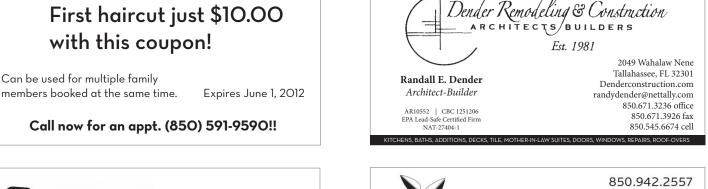
Geoff Brown, Hasosaw Nene

Join us on facebook.
www.ihlna.org

SUPPORT YOUR NEIGHBORHOOD BUSINESSES!

Melissa cuts hair!

members booked at the same time.







HAVE YOU BEEN THINKING OF REMODELING?

NEED MORE SPACE?
MOM COMING TO LIVE WITH YOU?

eat healthy • buy local build community

newleafmarket.coop • find us on facebook!





NFWIFAFmarket

Furniture, decorative & useful things for home & garden, books, toys, & more

The store where your purchases and donations go to the dogs . . . and cats . . .

All Re-Tail sales benefit Capitol ARK (Adoptions/Rescue/Kennels) and the Big Bend Disaster Animal Response Team. Donations are tax-deductible.

3686 Woodville Highway, Tallahassee

Open Saturday 10 - 5 and Sunday 12 - 5 For more information, call 443-1662 or 508-8030

www.ihlna.org

facebook.

Join us on

OFFICERS OF IHLNA

President: Grant Gelhardt grant.gelhardt@gmail.com At-Large: Sandra Neidert 656-7894 Treasurer: Patty Ceci Sharp 309-0260 At-Large: Tony Biblo 656-2528 942-7904 At-Large: Mary Louise Bachman 877-6344 At-Large: Connie Bersok At-Large: Cyndy Brantley 656-7445 At-Large: Mike Murphree 219-1223 459-1138 At-Large: Edward Reid edward@paleo.org At-Large: Daphne Holden