

INDIANHEAD LEHIGH NEIGHBORHOOD ASSOCIATION

2014
Spring Newsletter

6th Annual Nenefest 2014: May 3rd from 3 to 9pm at Optimist Park

We have some exciting plans for Nenefest this year, and we need your energy, excitement, and ideas! The goal of the Fest is to create experiences of community through the celebration of neighborhood culture and music.

FOOD: This year, neighbor Shaw Stiller has volunteered to make our LASAGNA: Meat, Vegetarian, and a Vegan option (\$5/plate). And neighbors will donate side-salads and rolls / bread which will complete the plate.

Individual Sweet Treats can be purchased in addition to the Lasagna plates.

Food service runs from 5 to 8pm. Proceeds from the Lasagna plates will go back to the neighborhood association for future Fests and other events.

Nene Fest 2014 continued on page 2

Nene Fest 2014 t-shirt design, featuring a friendly squirrel designed by Charity Myers, The Creative Pool Design



CALENDAR

2nd Sunday of Each Month, Potluck in the Park

Optimist Park, 4:30 pm In addition to the potluck dish to share, please bring your own utensils and perhaps a chair or blanket for sitting and visiting.

Saturday, May 3 Nene 5K & Fun Run, 8 am, Optimist Park

Saturday, May 3 Nene Fest, 3-9 pm, Optimist Park

Saturday, April 19: Neighborhood Yard Sale, 8 am-Noon, Optimist Park

Friday, July 4: Bike Parade, meet at Optimist Park

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6th Annual Nenefest 2014:

May 3rd from 3 to 9pm at Optimist Park (continued from page 1)

Here is what we need:

Side Salads & Bread:

We are looking for people to make and donate side salads (green or grain) of about 20 portions or a couple of loaves of bread. Everyone really appreciated your wonderful homemade sides last year! Please contact Shaw as soon as possible at eat_mo_crawfish@yahoo.com if you're interested.

Desserts: If you can donate a dozen or more single-servings of sweet treats (with proceeds funding neighborhood projects) please contact Connie at cbersok@nettally.com.

Servers: We need volunteers for one-hour shifts from 5 to 8 pm to serve food! Please contact Shaw as soon as possible at eat_mo_crawfish@yahoo.com if you're interested.

T-shirts: The popular Nenefest t-shirts will return! We will sell shirts at the Fest on a first-come-first-served basis. We need volunteers to take a shift selling shirts. Please contact Patty if you can help: cecisharp@embarqmail.com.

Music: We will have stages and neighborhood musicians once again! If you are a neighbor who is interested in performing at this year's Nenefest on May 3 contact Richard Bertram at bertram63@gmail.com. Slots fill up quickly, so let him know as soon as possible—April 17 at the latest—and he'll try to fit everyone in. We encourage new musicians as well as seasoned professionals to play!

If you are interested in MC'ing the stage (even for an hour long shift), contact Richard at bertram63@gmail.com. Being an MC would involve announcing bands and reminding people about scheduled events during the fest.

Activities: Activities from previous Fests have included tie-dying Nenefest t-shirts, face painting, bean bag toss, Maypole dancing, bubble making, and a group dance (to the Nene Shuffle). We are open for new energy and new ideas! If you have something you'd like to do and want to be on the schedule, please contact Daphne at daphne.holden@comcast.net.

Neighborhood Art, Craft, and Business Showcase:

We want neighbors to set up tables and booths where they can sell their hand-made art or crafts or let others know about their businesses. Please do not sell individual portions, as this may interfere with our plans to sell food to support neighborhood events (including the Fest itself). Rather, if you are a baker, chef, or food producer, please sell whole loaves of bread, whole pies, jars of honey, or other food that people may buy to take home. You will need to provide your own table or booth and materials and let us know your plans by April 17. If you have questions or are interested, please contact Kevin Hattaway at kevin.hattaway@comcast.net.

Puppet Show: If you're interested in being part of a puppet show collaborative (brainstorming the script, creating giant puppets, being part of the band, stage managing) please contact Doug at dpschrock@comcast.net.

Nene Fest 2014 continued on page 3





A FESTIVAL
FOR
NEIGHBORS
BY
NEIGHBORS

6th Annual Nenefest 2014:

May 3rd from 3 to 9pm at Optimist Park (continued from page 2)

Other volunteers needed:

Stage set up coordinator and stage set up crew: The coordinator will need to plan how to set up the stage so that bands have shade. Being part of the crew requires getting out to Optimist Park the morning of the festival and helping. We will need people with long ladders and trucks. Contact Grant if interested at grant.gelhardt@gmail.com.

Table and tent set up crew: Get to the park in the morning and set up tables and tents. Contact Daphne at daphne.holden@comcast.net.

Break down and garbage crew: coordinate getting enough trash containers and stay after the fest has ended and break down the stages, and pick up trash and recycling. Contact Grant if interested at grant.gelhardt@gmail.com.

Nene Watch Meeting

by Sylvia W. Smith

The frigid temperatures and driving rain could not keep IHLNA members away!

Over 30 neighbors came to Optimist Park Clubhouse on the last Tuesday of January for our annual meeting with the Tallahassee Police Department. For their willingness to venture out that cold wet night, these neighbors got a very special treat.

After the attendees warmed up with hot tea and snacks, our new Chief of Police, Michael DeLeo, met with them for over an hour. He shared his experience an approach and residents asked questions and expressed concerns. Attending with Chief DeLeo were Sergeant Art Shepherd and Public Information Officer Cleveland Allen. Our residents asked great questions and the Chief and his staff

provided us with tons of information on a variety of topics.

We were all impressed and grateful for the Chief's time.

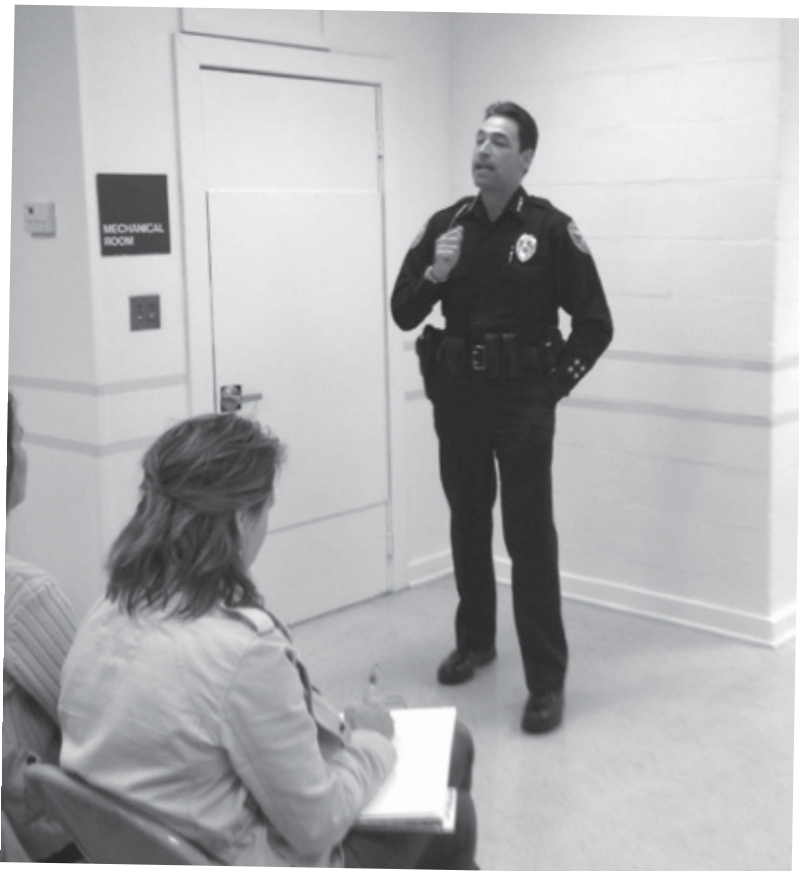
Special thanks to neighbor and Assistant City Manager Shaw Stiller for arranging for the Chief to join us and giving him a warm introduction. Major kudos to IHLNA volunteers Charity Myers and Lisa Schwenning and all the IHLNA BOD members who helped with supplies and set up.

Charity and IHLNA President Grant Gelhardt closed the evening by giving away door prizes from these wonderful businesses - Ace Hardware, Craig's Killer Coffee, Kevin Hattaway, Cabos, Vertigo, The Creative Pool Design, and Wild Birds Unlimited.

Mark your calendars now - the 2015 Annual Meeting with TPD will be on the last Tuesday in January.

P.S. Tax time is a good time to be reminded of

the need to protect yourself from identity theft. We hope that TPD and Shred It will host a free April shredding service this year as they have done in years past, but specific information is not yet available. In the meantime, take note of the extensive identity theft prevention information on the TPD webpage. Make tax time your time to take extra steps to protect yourself against identity theft.



Self Defense for Women

Are you a woman who wants to learn physical self-defense and risk avoidance skills?

Tallahassee Police Department offers a free 12-hour course several times a year called the R.A.D. System or Rape Aggression Defense System. Classes are open to women ages 12 and older and are completed over the course of two back-to-back Saturdays.

The R.A.D. System is a program of realistic self-defense tactics and techniques for women. The R.A.D. System is a comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. R.A.D. is not a Martial Arts program. Courses are taught by nationally certified R.A.D. Instructors and provide each student with a workbook/reference manual that outlines the entire

Physical Defense Program for reference and continuous personal growth.



The R.A.D class is offered at no charge by the Tallahassee Police Crime Prevention Unit. While the simulations are voluntary, students must commit to attending both scheduled classes. Each

class is limited to 20 students. Classes are held at the Lincoln Neighborhood Center, 438 West Brevard Street Tallahassee, FL 32301.

For more information or to register, contact the Tallahassee Police Department's Crime Prevention Unit at 850-891-4251 or tpdcpu@talgov.com.

May 31 and June 7

August 2 and August 9

October 4 and October 11

December 6 and December 13

Register with a friend or fellow IHLNA resident!



Capturing the Stories of our Neighborhood

The membership drive may morph into a really cool project: Oral Histories. You know that we have such a rich array of neighbors. It's time we capture their stories. We will be looking more closely on operationalizing this initiative right after NENE FEST. But know that we want to have many, many folks involved in this project. We may be one of the few neighborhoods in the city with residents who have lived here for over twenty and thirty years. What an incredibly rich source of our Neighborhood memory we can capture. So be on the lookout for opportunities to join the effort. I mean, how many neighborhoods have fallout shelters? IJS! I want to hear the stories on those for sure. You know a neighbor who's lived here since the fifties? Please be ready to talk with them for the project.

Walking My Dog in the Hood

By Judith Rainbrook

Hi, everyone! I am Judith Rainbrook, and I am owned by the world's cutest dog, Scruffy. He is a terrier mix, all 18 pounds of him, and he is a "rescue dog" brought home from an RV park in Arkansas. Scruffy settled in as my physical fitness coach, and so, we walk the Hood.

Because my schedule is "flexible," we walk at all times of the day and night. We get the early morning mists; pale pink skies working up to blue; clear night skies full of sparkling stars; sunsets over the trees; and light rain and heavy downpours that fill all the ditches with swift water. We have seen owls sitting in the street in the early evening and a pair of red-shouldered hawks sitting in the bright, noon sun on the fence around the baseball field in Optimist Park.

We get to hear and see birds of all kinds, some we know and others remain a mystery. Frequently, we see Pileated Woodpeckers knocking great chunks of wood from dying trees. Cardinals are always there, and the Carolina wren can be seen and heard on every block. Squirrels rustle unseen through the undergrowth and sit overhead scolding us and the neighborhood cats. This week we saw our first digger bee mound, which we just learned about from a neighbor's post on the Nene Facebook page.



Digger Bees

We know spring is just around the corner when great piles of branches and leaves begin to appear on lawns as people cut back last year's growth to make room for the new. Summer is definitely here when cars are parked in the driveway and washed and polished. August is here when no one in their right mind is out in

the heat and humidity except the dog walkers. Ditto for winter with 20 degree mornings where two layers of clothing are required to stay warm enough to make it around the block.

Every other Thursday is always interesting -- trash day! We have been known to reclaim items put out by others but for which we have a good and true need at our house, including scrap lumber, a small wicker trash can and a small desk.

We see DOGS -- lots of them; little and big; some under excellent verbal control by their owners and some barely under control at all; dogs that are friendly and dogs that are stand-offish; dogs that growl and dogs that wag; ancient dogs being walked with great love by their owners and fresh new puppies being dragged by new owners as they try to see everything!



Pileated Woodpecker

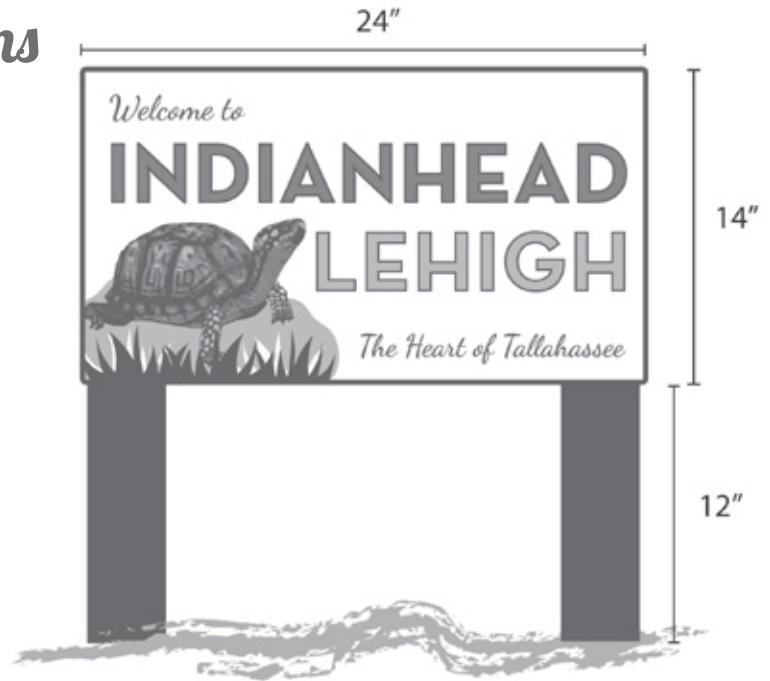
There are small women with giant dogs and large men with tiny dogs and everything combination in between. My favorite is the neighbor who walks her dog in a baby-carrier hung on her chest. She gets to walk at the brisk pace she needs for her health. Her tiny dog gets to see the sites and, near the end of their walk, is set down from its lofty perch to do his or her business.

We see walkers and joggers -- alone and in pairs. Two women walk at a brisk pace and talk at an even brisker one. Men run by, panting, covered in sweat and wet t-shirts. My favorite is a little old lady with bright colored tennis shoes walking along at a steady pace, not really fast, but moving her arms with great vigor as if she were almost running. I am 68 and she is ... older. She is my inspiration.

Last but not least, Scruffy and I greatly enjoy the fact that everyone who passes us waves and everyone we pass on the street says hello. Some people even stop and say "You have the world's cutest dog!"

Update: Neighborhood Signs

This year's goal is to put up signs that recognize the entry points to our neighborhood. The signs have been designed and the details of placing them at certain entry points are being worked out with the city and neighbors upon whose property the sign will sit. This will be a welcomed addition to the neighborhood, and we won't have to try and tell people where we are located. We can just say, "Look for the signs - then you'll know where to turn." Thanks to those who have made this possible.



Membership Renewals - Treasurer's Update

Your Board sends a big thank you to all our neighbors who have renewed their Indianhead - Lehigh Neighborhood Association membership this year. Please know that your support is greatly appreciated! Our renewals are down slightly this year - no worries though - you still have time to renew or join.

Send or deliver your support including your mailing address to:

Patty Ceci Sharp
IHLNA Treasurer
2002 Walahaw Nene
Tallahassee, FL 32301

Resident: \$10
20 years+ Resident: \$5

The full treasurer's report will be published in our Fall 2014 newsletter. Contact Patty at cecisharp@embarqmail.com or by phone at 850-309-0260 with any questions.

You can also renew via PayPal! Go to IHLNA.ORG for the Link or scan this QR code with your smart phone.

OFFICERS OF IHLNA

President:	Grant Gelhardt grant.gelhardt@gmail.com
Treasurer:	Patty Ceci Sharp
Graphics:	Charity Myers
Nene Watch:	Sylvia Smith
Newsletter:	Gerri Seay
Nene 5K:	Jessica Kennett
At-Large:	Mary Louise Bachman
At-Large:	Connie Bersok
At-Large:	Daphne Holden
At-Large:	Edward Reid
At-Large:	Sandra Neidert



Join us on

facebook

www.ihlna.org

Hartsfield Elementary - Our neighborhood school

As parents of young children, we have a number of interesting options to choose from when it comes to their education. One of these options is our local public school, Frank S. Hartsfield Elementary, a dynamic, friendly and positive learning environment where energetic and dedicated teachers and staff are receptive to the needs of children and their parents' aspirations for them.

We encourage you to visit Hartsfield. You can schedule a tour by contacting the school at 488-7322. In addition, on May 7th, Hartsfield will host its Kindergarten Orientation for all rising-kindergarten students. You are welcome to attend with your child - no need to already be registered for the coming school year. The staff looks forward to meeting you, introducing you to its wonderful kindergarten teachers, sharing with you Hartsfield's curriculum, and answering any questions you might have.

In the meantime, get in touch with neighbors who send their children to Hartsfield. You may even know some neighbors who teach there! You are also welcome to contact one of us: between our 4 families, we have gotten to know the school and its teachers quite well over the years and we would be very happy to answer any questions you might have about the school and share with you our family's experience there.

We all have a vested interest in the success of our neighborhood school. As parents, we are so grateful to those of you already involved in the school. The support you show by mentoring a child, or serving on the School Advisory Council, or attending events such as Carnival, evening performances or the Wellness Fair help anchor the school and create an even richer and more dynamic environment for all of Hartsfield's children.

Marie-Claire Leman and Will Hanley marieclaireleman@gmail.com 728-7514

Daphne Holden and Doug Schrock daphne.holden@comcast.net 459-1138

Angelica Baeza and Sion Doman baezaangelica@hotmail.com 305-742-8012

Grace Frances and Rich Templin gfrances@fcasv.org 559-0924



Eighth Annual 4th of July Bike Parade

Meet at Optimist Park clubhouse on Friday, the 4th of July at 9 am to decorate your bike, or you can bring your bike already decorated. Once the bikes are decorated, we will go on a bike ride/parade in the neighborhood, then return to the clubhouse for a pot-luck brunch and play time on a water slide. The neighborhood association will provide decorations, drinks, and bagels; you provide your bike, covered-dish for the brunch, and the fun. If you don't feel like riding - then please come as a spectator and enjoy hanging out with your neighbors. This is for the young and the old and all those in between!

*Get ready neighbors - the
Neighborhood Wide Yard Sale
is April 19!*



There's a \$10 fee if you haven't joined the neighborhood association.




Nene Time Warp

More than 6,000 bream were placed in the newly-completed lake in the middle of the Indian Head Acres subdivision. The artificial lake was built by the County on land donated by developer John Stead. County Road Superintendent Ed Bradshaw reported fishing will be allowed later when the full stocking operation is completed.

Photograph taken January 17, 1957.

Photo and caption courtesy of the State Archives of Florida

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First Annual Nene Fest 5K & Fun Run

by Daphne Holden

May 3, 2014 • 8:00 AM • Optimist Park

**Come join your neighbors for our first annual, neighborhood NENE FEST 5K and Fun Run!
The race is for runners and walkers!**

All proceeds will go to our neighborhood school, Hartsfield Elementary, to enrich the school environment (we'd like to provide active play equipment for each classroom) and strengthen the neighborhood-school connection.

Hartsfield students and staff are excited about the race, and eager to participate. Gulf Winds Track Club gave a grant for seven Hartsfield 4th graders to run, and the girls are training three times a week with media specialist and avid runner Mary Jo Peltier. Hartsfield's award-winning chorus will come out to cheer us on with their own brand of race songs and Hartsfield parents will staff a water station on the race course.

How You Can Participate

- **Sign Up! See reverse for race registration.**
- If you are interested in being a race sponsor, through a personal or business contribution (we welcome any amount!), please contact Charity Myers at thecreativepool@gmail.com or 850-241-3334.
- If you have any questions about the race, please contact Jessica Kennett at jesskennett0079@yahoo.com or 850-241-3283.
- If you would like to volunteer on the day of the race or to help prepare for the race, please contact Marie-Claire at marieclaireleman@gmail.com or 850-728-7514.

Check out Nene 5K & Fun Run on Facebook:
[facebook.com/nene5k](https://www.facebook.com/nene5k)



JUST DO IT

HARTSFIELD

NENE FEST 5K & FUN RUN

Benefiting Hartsfield
Elementary School



MAY 3, 2014
OPTIMIST PARK,
E. Indianhead Drive
Tallahassee, FL

6:45-8:00 am Registration
8:00 am 5K Race
9:00 am Fun Run

ENTRY FEE:

Before 4/30/14

\$15.00 with vest

\$10.00 no vest

\$7.00 (12 and under)

Day of Race

\$20.00 with vest

\$15.00 no vest

\$10.00 (12 and under)

First 100 entrants guaranteed safety
reflective vests and reusable bags.

Registration: www.eventbrite.com OR Mail completed form with payment to:



Nene Fest 5K/Fun Run
C/O Jessica Kennett
2017 Chowkeebin Nene
Tallahassee, FL 32301

*Not a runner
but still want
to show support?
Circle "Donation"
below—we welcome
any amount.*

First Name: _____ Last Name: _____

Gender (circle): Male Female Age on 5/3: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Entering (circle): 5K Fun Run Donation

Please make checks payable to: IHLNA (Indianhead Lehigh Neighborhood Association)

Check # _____ Amount \$ _____ Donation Amount \$ _____

WAIVER: I know that participating in running activities is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather (excessive heat and/or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my application, I for myself and anyone entitled to act on my behalf waive and release the Race Director, Gulf Winds Track Club, or any other sponsoring agent, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the parts of the persons/agents named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature of Entrant (Parent or Legal Guardian if under 18 years old)

Date

For additional information, please contact Jessica Kennett at jesskennett0079@yahoo.com