

# INDIANHEAD LEHIGH NEIGHBORHOOD ASSOCIATION

2014  
*Fall Newsletter*

## *Halloween Party & Potluck: October 26th, 4:30-7pm at Optimist Park*

The traditional Halloween Party and potluck, sponsored by the Neighborhood Association, is scheduled for **Sunday, October 26th at Optimist Park, from 4:30 pm to 7:00pm**. This event is open to all residents of the neighborhood—it is not for kids only (but is for only those who are kids at heart). The party in the park will include live music provided by the ever-popular band **Tao Jones and the Ontological Elephants**. The costume parade, with musical accompaniment, is open to all ages and ogres. Additionally, neighbors David and Jeanne Lebow will once again have a scary (but not too scary) story time for the kids. As always, you and your neighbors will bring the most scrumptious foods for the potluck dinner. The Neighborhood Association will provide plates, utensils, and drink. The party preparation and decoration of the clubhouse will start at 11:00 am to noon that day. All decorating volunteers are welcome! For more information on how to help with the party, contact Grant Gelhardt at [grant.gelhardt@gmail.com](mailto:grant.gelhardt@gmail.com).



## CALENDAR

**Sunday, October 26: Halloween Party**  
Optimist Park, 4:30-7:00 p.m.

**Sunday, November 2: Turn your clocks back one hour** ("fall back")

**2nd Sunday of Each Month: Potluck in the Park**

Optimist Park, 4:30 p.m. In addition to the potluck dish to share, please bring your own utensils and perhaps a chair.

**November 9th potluck will have free pony rides**, sponsored by the Neighborhood Association.

**Tuesday, January 27th:** (Tentative Date) **Neighborhood Watch Meeting**

**Saturday, May 2, 2015: 7th Annual Nene Fest**, Optimist Park

**Saturday, May 2, 2015: 2nd Annual Nene Fest 5K and Fun Run**, Optimist Park (morning of Nene Fest)

## *In this Issue*

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# The Road More Travelled

By Marie-Claire Leman

Now that Lafayette is resurfaced, drivers encounter shared-lane markings or “sharrows” along the way.

While not everyone agrees that these are the right tool for the job, their purpose is clear: to remind motorists that a bicyclist may use the full lane. In fact, they are often accompanied by this signpost:



*Sharrows Road Sign*

Some say that this is simply an inexpensive way for planners to placate cycling advocates and avoid larger projects such as protected bike lanes and the redesign of intersections. Others say that these markings give cyclists a false sense of security on these roads. And yet others argue that these signs risk confusing motorists into thinking that cyclists can only use the full lane when and where these markings are present.



The reality is that cyclists are entitled, by law, to ride on the road. Motorists are required, by law, to maintain a horizontal clearance of at least three feet when passing a cyclist. In a lane that is 14 feet wide or narrower, the motorist must change lanes to pass, and should do so with the same precautions he or she would use to pass any slow-moving vehicle. But what if there is a double-yellow line indicating a no-passing zone? The no-passing rule does not apply when a cyclist (or any other vehicle) is traveling so slowly as to constitute an “obstruction.” In this case, the motorist may cross the center line if he or she can see far enough ahead and confirm that the way is clear.

Sharrows, while providing no physical protection to cyclists, are used on roadways that are too narrow for bicycles and cars to safely share the lane. They encourage the cyclist to position themselves in a way that communicates clearly that the lane is too narrow to share and that to pass the cyclist, the motorist must change lanes.

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## I'm a Neighbor-in Woodland Drives

By Mary Frederick, President of Woodland Drives Neighborhood Association

I really appreciate the offer of some ink in the Indianhead/Lehigh neighborhood newsletter! It is an honor. I have lived in Woodland Drives, the neighborhood to your west, since 1986 and have served on our neighborhood's board for most of that time. Our board looks forward to our continued relationship with the IHLNA board.

My husband and I love the area for many of the same reasons you do. Our neighborhoods also have issues in common—safety, noise and sustainability. Imagine how effective we can be working together on those issues! There is strength in numbers, and personal action can work wonders at the local level.

Thanks for the opportunity to share!

# *A Look Back at the First Annual Nene Fest 5K and Fun Run*

*by Jessica Kennett and Marie-Claire Leman*

Some might say that you can't have a proper festival without a road race. So, on a bright and sunny Saturday morning, May 3, 2014, the inaugural Nene Fest 5K and Fun Run were added to the program of activities for the 5th annual Nene Fest.

Both races proved to be a huge success with 133 registrants, 40-plus volunteers, and 20 sponsors/donors. A special thanks goes to our Silver Acorn

22:02) followed by Mary Vancore and 17-year-old Kendra Forehand. Thanks to our local beekeepers, Michael Callan and Shelly Hatton, a number of winners walked away with a jar of Nene Honey as their sweet prize for a swift finish!

We were proud to raise money for our neighborhood school, and we were grateful for the participation of many teachers, parents and students. Mary Jo

Peltier, Hartsfield's Media Specialist, coached a group of determined 4th grade girls in preparation for the race—their very first 5K! Ms. Arnekua Singleton and Hartsfield's award-winning chorus sang to cheer on runners along the course and then performed at the park after the race—a definite highlight. Parents and students volunteered at both the water station and food table, and of course we were delighted to see Hartsfield staff and students alike run the courses of the 5K and the 1 mile Fun Run.

Next year's Nene Fest can't come fast enough for us! Mark your calendar

Sponsors: Kevin Hattaway (realtor), Capital City Runners, Vertigo Burger and Fries, and First Commerce Credit Union. Because of these and many other sponsors, we were able to raise nearly \$1,900 for our neighborhood school, Hartsfield Elementary. The money will be used for the purchase of physical activity equipment to help teachers make good use of the green spaces adjacent to their classrooms.

This year's runners were definitely speedy! Reikan Lin won the first year race in 18:24, followed by Paul Guyas and "Nene-ite," Michael Kennett. Paula O'Neill was the first woman to finish (coming in at

now for the Second Annual Nene Fest 5K and Fun Run. May 2, 2015, will be here before you know it!

Jessica Kennett,  
Marie-Claire Leman,  
and Charity Myers  
(Race Organizing  
Committee)



# *Discover Cascades Park*

by Kevin Hattaway

You've probably heard of Cascades Park but have you been over to check out the amenities? The 24-acre park is actually a storm-water facility designed to help with flooding but now has a park built into it! The park is named after Cascades Falls, a natural waterfall that was formerly located there.

The park offers a variety of amenities. The northern most feature is the upper or Smokey Hollow pond. Just prior to the park opening, a beaver took up residence in the pond but had to be moved back to nature. The beaver was chopping down recently planted trees! The walking trail here provides some really pretty views of this pond along which are picnic tables. Along the western edge of the Smokey Hollow pond, by the walking trail, are informational kiosks that share some history of the immediate area.

The next significant feature is the Korean War Memorial. It's a beautiful granite "Circle of Life" monument, commemorating the approximately 550 Floridians lost in the Korean War. Their names are etched into the missing piece of the circle which lays on the ground, thus breaking the completed circle.

Kids will enjoy the Discovery Area which includes a cypress climb, steephead slide, log jump, butterfly garden, water pump, and beach sand area.

Just west of the Discovery Area is the Meridian Plaza wherein lies the prime meridian marker (Florida's original point of origin) from which all real estate in Florida is measured. The plaza is made from brick, and if you look closely you'll see an outline of the state with the various counties represented.

One of the primary features of the park is the Capital City Amphitheater. This facility has an 80x55 foot canopied stage for local and regional performances. There are 1,500 permanent fixed chairs with additional viewing space behind, on the grassy hill. Immediately adjacent to the amphitheater is the old electric utility building. The Edison Restaurant is slated to open in the building in 2015.

Cross the St. Augustine branch stream from the utility building and you'll find the Cascades and Imagination Fountains. These are two of my favorite features in the park! The Cascades Fountain drops water into the St. Augustine branch stream while the Imagination Fountain entertains us with 73 jets of water. People of all ages are encouraged to play in this fountain (except on weekends) during the choreographed light and music shows. The seven minute shows run Friday, Saturday and Sunday at 8:00, 8:30 and 9:00 PM.



The Southern area of the park is anchored by the Boca Chuba pond and Centennial Field Commemoration. The field is perfect for kick ball or kids' baseball. "Boca Chuba" translates to "large mouth," and hopefully one day a really cool large-mouthed fish will "swallow" the water as it exits the lower pond.

The park is a great place to exercise with 2.3 miles of multiuse trails for walking, jogging or cycling. The views of downtown are incredible from all over the park so get out there and explore the crown jewel of the Leon County park system!

## *Growing Up Nene*

By Quinn Holden-Schrock

7th grader, Fairview Middle School /  
International Baccalaureate Prep

I have lived in Indianhead for 6 years. Not many compared to others but still plenty enough to learn to love this place. The summer after I moved in, Emma Hanley moved in next door to us. As soon as we met we were immediately best friends. I didn't know very many people, but as the years progressed I was introduced to the loving community of Indianhead.

That is what I love most about this

place. I could knock on anyone's door and have a lovely conversation with him or her. I could walk up to a stranger at Optimist playing a friendly game of kickball and join in. One of my best and favorite memories in this neighborhood is the discovery of the all-so-awesome rope swing in the creek. For those of you that don't know, in the woods behind Optimist park there is a creek and over the creek there is a rope swing. I remember my brothers coming to get me, and Ollie falling into the creek several times. I think I got the hang of it pretty fast and was soon able to show off by swinging both ways and not just the easy way. I love that some people in the neighborhood do soccer in the park because soccer is one of my favorite sports. Much more than a hobby really, and playing in such a happy and friendly environment is something I look forward to. I wish for our neighborhood that we continue Nene Fest, stay on bikes, and continue being awesome.



## *Soccer in the Nene*

By Abby Snodgrass

11 years old

My favorite thing about the Nenes (that's what some people call it) is that every Saturday or Sunday (most of the time), Ms. Kim will post on Facebook that there will be a soccer game. To me, what makes it fun is that all my friends show up. The Wileys always come because Ms. Kim's daughter, Ava, loves soccer. A lot of the kids in the neighborhood play, so it's a fun way to meet everyone. My favorite memory is when there were about twenty kids and twenty adults and we had to play like real soccer—if a player goes out another comes in. Ms. Kim has blue and red jerseys you put over your shirt to separate teams; we share those every time. Soccer is really fun. The Nenes is so awesome—I'm lucky to live here. Yay!

## *My Friendly Neighborhood*

By Cate Rozier

9 years old

What I enjoy about my neighborhood is that I live close to the park so if my moms let me, I could ride my bike over to Optimist Park. Also, when I get off the school bus at Optimist on Thursday afternoons, I can play with my awesome friend Charlotte and her friends at home school in the park. There is even more. I can ride my bike to my friend Charlotte's house. Also, my family can ride our bikes to Craig's Killer Coffee so my moms can get coffee and I can get ice cream from Barb's Shop Ice Cream. Our neighborhood has super fun events like the 4th of July Bike Parade, our Halloween party and Nenefest. Finally, there are a lot of owls in our neighborhood so at night you can hear them hooting.

# Walk Against, Pedal With

by Walter Liddell  
Retired Trooper, Florida Highway Patrol

As a 32-year veteran Florida State Trooper and resident of Indianhead for over 30 years, I am increasingly concerned when I observe pedestrians walking/running/pushing strollers through our neighborhood with the flow of traffic instead of against it. I am also especially concerned that as the weather cools, people donning hoodies will be unable to hear oncoming vehicles. Same with those plugged into headsets. Keep in mind that Florida leads the nation in pedestrian and pedal cyclist fatalities.

Florida Statute 316.130(5) states that “pedestrians when practicable, walk on the shoulder on the left side facing traffic approaching from the opposite direction.” When a vehicle approaches and a person is walking/ running /strolling with traffic instead of facing it, the vehicle must go into the other lane. I have observed folks walking with traffic on the hill on Chowkeebin instead of facing the traffic. What’s wrong with using the sidewalk? Walk Against Pedal With is a saying I have used in teaching Driver Education.

As the days shorten and it gets dark earlier, I would recommend purchasing a reflective vest for walking riding or strolling. It’s a small price to pay for your safety. Remember to slow down when driving through the neighborhood. And, as the holiday season approaches, please Decide Before You Drive!

Take care, Be safe.



# Radon Considerations

by Terry Anne Kant  
Real Estate Broker / Long-Time Indianhead Resident

Radon is a naturally occurring gas, a breakdown of uranium that is in the soil. It only becomes problematic to homeowners when it gets trapped in high concentrations inside a house. According to the Environmental Protection Agency, radon is the second leading cause of lung cancer in the U.S., causing 21,000 deaths per year.

According to Southern Home Consultants’ owner, Raney Oven, about 1 in 5 homes he tests in Tallahassee have radon concentrations high enough to warrant mitigation. The recommended threshold for household radon is 4.0 pCi/L or lower. Mitigation is advised for anything higher.

It doesn’t matter if your house is off grade or on a slab, Oven says he sees high concentrations in all kinds of homes. It also doesn’t matter if your neighbor has a low or high reading because the radon concentration can vary from house to house. It’s odorless and colorless, and there is no way to know for sure if the levels are acceptable without a valid test.

The cost for radon testing varies, but is generally around \$175. The test I recommend for basic evaluation is a 48-hour one that tests levels hourly over a two-day period. The readout can help verify the validity of the test. In other words, you can see variations that could be from rainy conditions (which can raise a reading), or from someone having doors or windows open (which can falsely lower readings). It is important to have windows and doors tightly shut two days prior to the test and during the test period.

If you’re someone who lives with your windows open a lot, you’re likely to have less radon than if your home is closed up all the time, but it’s all relative. You have to know what your base reading is and then determine if it’s helping enough or if your levels are at a point where mitigation is indicated. Mitigation costs generally run from \$1,200 - \$5,000. I’ve seen them mostly around \$2,000.

Bottom line, if you’re concerned, get a licensed radon tester and check it out.

(Information partially obtained from Raney Oven, State Certified Radon Mitigation Specialist)

[www.ihlna.org](http://www.ihlna.org)

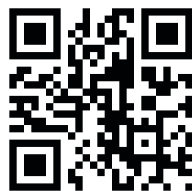
# Treasurer's Report

January 1, 2014 to August 31, 2014

BEGINNING BALANCE	January 1, 2014	\$6,349.76
Income	Nene Fest	3,038.90
	Nene Fest 5K	2,727.00
	Membership Dues	3,265.00
	Spring Newsletter Ads	175.00
	TOTAL INCOME	\$15,555.66
Expenses	Nene Fest	2,997.04
	Nene Fest 5K	852.54
	Newsletters/Printing	722.99
	Neighborhood Watch	53.61
	Insurance	309.29
	Annual Report Fee	61.25
	Bounce House at Potluck	145.13
	Bike Parade Supplies	47.89
	Water Slide at 4th July Bike Parade	175.00
	TOTAL EXPENSES	\$5,464.74
CURRENT BALANCE		\$10,090.92
Amount withheld for Nene Fest 5K-Hartsfield Donation		\$1,874.46
BALANCE IHLNA		\$8,216.46

The Board sends many thanks to our neighbors for such an amazing membership renewal response this year—your renewals and contributions amounted to over \$3,000! Nene Fest, through t-shirt and Nene Café sales, continues to fund itself, and the Nene Fest 5K fundraised over \$1800 for Hartsfield Elementary School. We are still securing property-owner permissions for the neighborhood signs and we have made good progress this week.

***The entire board thanks you for your support!***



Join us on

**facebook.**

[www.ihlna.org](http://www.ihlna.org)

## OFFICERS OF IHLNA

President: Grant Gelhardt  
grant.gelhardt@gmail.com

Treasurer: Patty Ceci Sharp

Graphics: Charity Myers

Nene Watch: Sylvia Smith

Newsletter: Gerri Seay

Newsletter: Shelly Hatton

Nene 5K: Jessica Kennett

At-Large: Mary Louise Bachman

At-Large: Connie Bersok

At-Large: Daphne Holden

At-Large: Edward Reid

At-Large: Sandra Neidert

## *Nene Watch*

Winter is coming—Are you ready? As the days shorten, keep in mind some of the following safety tips:

### **See and be seen.**

- We have had very few power outages in Indianhead-Lehigh this summer, so maybe we have not checked our flashlights and lanterns lately. The change of season is a great time to restock battery supplies, check the functioning of flashlights and test whether porch and motion detection lights are operating normally.
- When walking, running, or biking, be visible. When we wear whites, bright colors, and/or reflective gear we are more likely to be seen. When driving, use of day running lights or headlights—yes—even in daylight, reduces accidents.

### **Hear and be heard.**

- Many of us love zoning out to music or talking on the phone when we walk or run, but it is also important to remain aware of our surroundings. Being extra mindful while wearing headphones or talking on the phone is a good precaution.
- While walking or running, we might want to consider carrying a whistle. And bicyclists, who doesn't love using a handlebar bell or horn when riding a bike?
- When indoors, we can signal someone for help by keeping our car keys handy and using the alert feature on the key fob, if ever needed.

### **Be defensive.**

- When it comes to crime prevention and overall safety, being defensive means being alert and aware of what others around us are doing. It also means developing good habits like locking windows, doors, gates, garages, and cars. Do not leave valuable items in places that are visible from the street, especially items with wheels like bikes and mowers.

## *Nene Time Warp: Summertime in Nene Past*

July 11, 1961

The sandbox becomes a kiddie pool come summertime. Tots in Edward Mueller's block on Hasosaw Nene gather daily before and after naptime for frolicking in the Mueller pool. From left, the splashers are Karen Mueller, Donna Glotzbach, David Meiklejohn, Jimmy Meikeljohn and Lynn Mueller.

Florida State Archives, FloridaMemory.com



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## Report Graffiti

Did you know that Tallahassee has a graffiti abatement program? City departments are partnering together and with neighborhood leaders and business owners to immediately remove graffiti. You can report graffiti that you see in our neighborhood in the following ways:

**Report it:**

<http://www.talgov.com/tpd/tpd-graffiti.aspx>

**Call it in:** (850) 891-4500

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## *Bird Tagging in the Hood*



Banding Birds in Indianhead Greenway (organized by Tall Timbers' biologist and Indianhead resident, Jim Cox)