NEWSLETTER ** Fall 2011

HALLOWEEN PARTY

The traditional Halloween Party and potluck, sponsored by the Neighborhood Association, is scheduled for *Saturday*, *October* 29th at Optimist Park, from 4:30 pm to 7:00 pm. This event is open to *all* residents of the neighborhood – it is not for kids only!

The party in the park will include live music provided by the ever-popular band Tao Jones and the Ontological Elephants. The costume parade, with musical accompaniment, is open to all ages and ogres.

As always, you and your neighbors will bring the most scrumptious foods for the potluck dinner. The Neighborhood Association will provide plates, utensils, and drink.

The party preparation and decoration of the clubhouse will take place from 11 am to noon that day. All decorating volunteers welcome! For more information on how to help with the party, contact Grant Gelhardt before Wednesday, October 26th, at grant.gelhardt(at)gmail.com.







Other events to put on your calendar

October 15 - Cash for Trash, 8 am - 2 pm, City Solid Waste Office at 2727 Municipal Way.

Every 1^{st} Saturday of the month through May – Household Hazardous Waste Collection, 9 am – 1 pm at 2280 Miccosukee Road (corner of Blair Stone and Miccosukee).

The evening of **November 5**th (or 2 am on Sunday, November 6th, to be official) - Turn your clocks <u>back</u> one hour ("fall back") to adjust for the end of daylight saving time.

The 2nd Sunday of each month - "potluck in the park" at Optimist Park. In addition to the potluck dish to share, please bring your own utensils and perhaps a chair or blanket for sitting and visiting.*

Spring, **2012** – 4th Annual Nene Fest at Optimist Park.

* See article in this newsletter.

Local Farmers' Markets by Patty Ceci Sharp

Tallahassee has growing options when it comes to local farmers' markets. Sometimes it isn't easy knowing what all our options are and how local is the food being sold. Some of our community markets feature produce from re-sellers and this isn't necessarily bad, but don't be afraid to ask the seller if he/she is the farmer and where the produce was grown.

The markets closest to Indianhead/Lehigh include:

<u>The Lafayette Street Organic Growers' also known as the "Moon Market"</u> – Thursdays from 3:00 to 6:00 PM under the trees of the Moon parking lot. This market is supported by FAMU's Small Farms Program. Contact Dr. Jennifer Taylor at 412-5260.

<u>Farmers' Market at the Y</u> – Mondays from 11:30 AM to 2:00 PM at the YMCA, 2001 Apalachee Parkway. The market usually features a local organic grower and is supported by Whole Child Leon and the YMCA. Call 414-8344 with questions.

<u>Sunshine Growers' Market</u> – Mondays from noon until 2:00 PM, between 4025 and 4055 Esplanade Way in Southwood. This market is supported by FAMU's Small Farms Program. Contact Dr. Jennifer Taylor at 412-5260.

<u>Growers' Market at Lake Ella</u> – Wednesdays from 3:00 to dusk and Sundays from Noon to dusk. This market is also supported by FAMU's Small Farms Program.

<u>Downtown Marketplace</u> – Saturdays (spring to fall) from 9:00 AM to 2:00 PM in the Ponce de Leon Park. Call 224-3252.

Another great new option for Indianhead/Lehigh is the Red Hills Online Farmers' Market where you can find products grown or produced within a 100 mile radius of Tallahassee. Shop from Sunday (6:00 AM) to Wednesday (6:00 AM), and then pick up your items inside the Bread & Roses co-op at 915 Railroad Avenue. Go to http://www.rhomarket.com for more information. The market would also like to start a pilot program with Indianhead/Lehigh to institute its neighborhood hub program. One volunteer picks up all the orders and then neighbors go to the volunteer's house to pick up their individual orders. If you are interested in volunteering contact Patty Ceci Sharp at cecisharp(at)embarqmail.com or 309-0260.

And the 4th Annual North Florida & South Georgia Farm Tour is October 15 & 16! If you haven't tried the farm tour – give it a go – truly, it's one of the best events in North Florida (and South Georgia). Go to http://www.newleafmarket.coop/ for more information.

Talking Trash with three big news items of the year! by Cyndy Brantley

- 1. New expanded Plastics Recycling collection now includes yogurt cups, butter tubs, deli trays, etc. Any plastic container, (excluding black), 3 gallons or less can be tossed in your bin for recycling.
- 2. New City ordinance states that all recycle bins and garbage cans should be taken back to your house by 12 noon on the next business day. For us, that translates to: NOON on TUESDAY.
- 3. New City ordinance enforces proper placement of Yard Debris and Bulky Waste. These must be in **separate piles** when set at curbside for pick up.

Our beekeeping neighbor, Heather, says that the bees in Indianhead would be terrifically helped if we would all try to plant flowering trees for them--like tulip poplars, dogwoods, crepe myrtles, for example. She says that flowers are great, but we should also "think vertically" for our bees--there is more available pollen and nectar for them in our trees than in flowerbeds. If you'd like to plant flowers for them, Dr. Halter says to be sure they are native flowers. It also helps the bees to SEE the flowers if they are planted in beds at least 3 feet by 3 feet, and that yellows and blues are the easiest for them to see with their ultraviolet light-seeking eyes! Isn't that fascinating? When I'm riding my bike or taking a walk now, I find myself Looking for these trees and big, bright flowerbeds, and when I Find one, I say, "oh! yay! they are helping the bees here!"

I hope you'll consider getting psyched up with me about helping the bees, cuz BEES ROCK! Thanks, Neighbors!

Myths About Trash & Recycling by Cyndy Brantley

Household/Kitchen Garbage goes to the Leon County Landfill

NO— the landfill stopped receiving household garbage in 2003. Household/Kitchen garbage goes to the Leon County Transfer Station on Gum Road. It is then trucked 85 miles to Jackson County to a landfill owned by Waste Management, Inc. Leon County averages 35 tractor trailer loads a day.

Curbside Bulky Waste Goes to the Leon County Landfill

NO-The Landfill stopped receiving bulky waste in 2009. Bulky waste is now taken to Marpan Recycling on Woodville Highway. Marpan averages $\sim 65\%$ recycling rate. Whatever Marpan cannot recycle is then hauled to the Leon County Solid Waste Facility on the Apalachee Parkway (about 3-6 tractor trailer loads daily).

Curbside Yard Debris is buried in a landfill

NO— Yard Debris is hauled to the Leon County Solid Waste Facility where it is ground up for mulch and given away free to all Leon County citizens. The county has a contract with a company that processes the incoming 27 tons annually. They hire day labor to break open every plastic bag before it is sent through the grinder and mulched. You could help reduce government spending by bagging your yard debris in large paper yard bags sold at Ace Hardware, Esposito's and Lows. An even better idea is to keep your yard debris for composting or mulching your gardens, hedges and perimeter plants.

Recycling costs more than sending everything to the landfill

NO---Not only does recycling save local governments money, it actually can generate money and "Green Jobs." <u>Garbage costs</u> us \$41/ton, but the city is *paid* \$35/ton for recyclables by Recycled Fibers.

Our recycling really ends up in a landfill anyway – why bother.

NO.... The City of Tallahassee has a contract with Recycled Fibers on Springhill Road for processing of all curbside recycling collection. The City is paid for their materials

It is OK to throw Styrofoam and plastic bags in the Smart Cart

NO— But you can take clean Styrofoam trays and egg cartons to Publix. Leon County Recycling on the Apalachee Parkway collects clean "white packaging" Styrofoam. Publix, Wal-Mart, and Winn Dixie collect plastic bags, such as plastic grocery bags, bread bags, Ziploc bags (with the *Zip* removed), etc.

Plastic Bottle lids cannot be recycled

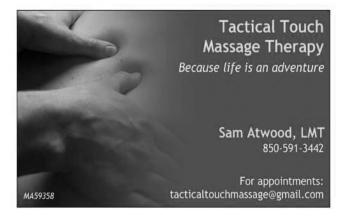
WRONG---All bottle caps, both metal and plastic, CAN be recycled.



Indian Head Acres? Ask us, we live there: www.indianheadacres.com









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